

Mountain Ridge High School
100 Dr. Nancy S. Grasmick Lane
Frostburg Maryland
(301)-689-3377



News Nugget

Volume 1: Issue 4
February 2018

Attention seniors!

Attention seniors! Don't forget service learning should be turned into Mrs. Goodwin as soon as possible. At least seventy-five hours are required to graduate, but if you turn in an extra 132 hours for a total of 207 hours you will receive the service learning medallion at graduation. Four seniors have already qualified for this medallion so far this year. Last year, a total of 27 seniors qualified for the service learning medallion. Mrs. Goodwin recommends participating in activities like Storybook Holiday, envirothon events, Beautify the 'Burg, and church activities such as dinners or bake sales. Students at any grade level can turn in service learning hours as far back as sixth grade. — Destiny Warnick

Free Application for Federal Student Aid (FAFSA)

Remember that the FAFSA needs to be completed by March 1, 2018. The application is on-line: www.fafsa.gov.

Student Achievements

Congratulations to Jessica Blank on her acceptance to her dream school, Ringling College of Art and Design. Ringling is ranked number three in the country for computer animation. The college is private school located in Sarasota, Florida. Jessica plans to spend her time at Ringling earning her Bachelor's Degree of Fine Arts in Computer Animation. While being accepted into the college is an honor by itself, Jessica was also offered two scholarships, including the Dean's Scholarship and the Horizon Scholarship. The Dean's Scholarship is "awarded to new students who demonstrate a high level of academic and creative talent." This scholarship grants Jessica ten thousand dollars a year for the four years she plans to attend Ringling. The Horizon Scholarship, two thousand dollars a year, was awarded to Jessica based on her amazing dedication to art and design, as well as her outstanding potential. —Destiny Warnick



Dates to Know

- × February 17th— Snowball Dance
- × February 14th— School Closed Parent Conference Day
- × February 19th— School Closed President's Day
- × March 1st— FAFSA Must be Completed
- × March 3rd— Hooley Plunge
- × March 5th through March 9th— National School Breakfast Week
- × March 29th— PBIS Gold Rush

Senior Section

**SAT Dates— March 10, 2018
Register by February 9, 2018**

**May 5, 2018
Register by April 6, 2018**

**ACT Dates— February 10, 2018
Register by January 12, 2018**

**April 14, 2018
Register by March 9, 2018**

Guaranteed Access Grants (GAG):

- * Resident of Maryland
 - * Enroll at a two-year or four- year Maryland college or university
 - * Demonstrate financial need
- Stop in guidance office for more information!**

**Maryland College Aid Process System (MDCAPS):
Apply - <https://mdcaps.mhec.state.md.us>
FAFSA must be completed first**

**Dr. Kenneth E. Mann Scholarship Award
\$1,000.00- February 16, 2018**

**Cythia E. Morgan Memorial Scholarship
\$1,000.00- February 25, 2018**

- * First Generation college student
- * Attending a Maryland college
- * Major in a medical - related field

**Verso Scholarship
\$500.00- February 28, 2018
Application: available in the Counseling Office
Immediate family member must be employee of Luke Mill**

**Masonic Charities of Maryland - Lodge #99
\$500.00- March 1, 2017
Application: available in the Counseling Office**

**Hamilton Relay Scholarship
\$500.00- March 1, 2018**

**Kids' Chance Scholarship (ongoing)
Apply after FAFSA**

Club & Sports Announcements!

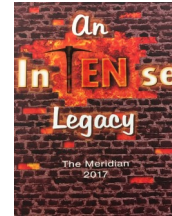
PBIS

This year, Mountain Ridge's PBIS program is holding a Gold Rush Thursday, March 29th, 2018. PBIS stands for Positive Behavior Intervention Support. Remember our three Ridge Rules: Respect, Responsibility, and Ready to Learn. The aim is to recognize students who are displaying positive behavior and reward them for their behavior. Don't miss this day of fun!— Abbi McKenzie



Yearbook

Dr. Marchbank has informed us that the yearbook for this year is already half way finished and is looking fantastic. There are still two more deadlines for the publisher, but Dr. Marchbank is beyond confident in her team and believes there will be no problems with these deadlines. In addition to that, the yearbook is still on sale, but in order to get a good price, they must be bought as soon as possible. — Emily Jones

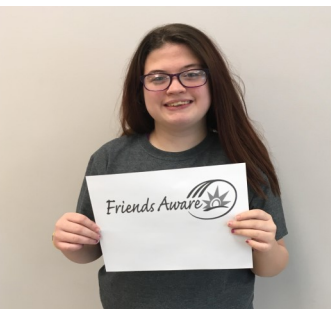


Mock Trial

Dr. Marchbank has said that Mock Trial will be continuously practicing until their first match on January 31. Their team captain Audrey Jones, Dr. Marchbank, and the rest of the team has worked hard to get better each and every day. — Emily Jones

Football

Although the football season has ended, that doesn't mean the hard work and dedication from players and coaches has. Head coach Mr. Ryan Patterson, along with special teams coach Mr. Nathan Shipe, and line coach Sefa Pua'auli, hold off-season strength and conditioning sessions after school from 3:00 - 4:30 on Mondays, Tuesdays, Wednesdays, and Thursdays. Coach Patterson encourages anybody interested in playing football to join the team in their weight room activities and work get better in the off-season. As a result of hard work and multiple after school workout and lifting sessions, Paul Michael Rushton was selected by Coach Patterson as "Lifter of the Month" for January. This title given to Paul Michael is one to be proud of because it shows his dedication to his self-improvement.— Kailia Pua'auli



Project YES

Student Sarah DiGraziano job shadowed on January 25 at Friends Aware in Cumberland. Friends Aware is a non-profit organization in Allegany County who serve and assist adults with developmental disabilities. She shadowed multiple professionals in this line of work. Sarah was able to partner with them to gain experience for working with developmentally disabled adults. —Shyanne Foutz

Teacher Achievements



Congratulations to Mrs. Carmel Goodwin for being nominated the Teacher of the Year! Mrs. Goodwin has been teaching at Mountain Ridge for 38 years, and her teaching skills haven't gone unnoticed by her fellow teachers who recommended her as Teacher of the Year. As Teacher of the Year for Mountain Ridge, Mrs. Carmel Goodwin will be given a special reserved parking spot for her title and will be recognized at a dinner that the Board of Education holds to honor all teachers who have received.
— Olivia Schroeder

French Club

Students in French club and French classes will be celebrating Mardi Gras by enjoying crepes on February 12th and 13th in Mrs. Gray's room. Mardi Gras is a widely celebrated carnival in some countries, like France, but the main one is New Orleans. People celebrate Mardi Gras on Shrove Tuesday, which is the day before Ash Wednesday. While celebrating Mardi Gras, students who attend the French Club celebration will be eating crepes and other traditional Mardi Gras food. —Olivia Schroeder



Indoor Track

After a month of hard work, with practices three times a week, the indoor track team will compete in the Regional meet on February 3rd. This event will be held at the Hagerstown Community College. Some of the indoor track members who Coach Baker would like to recognize are Justice LeProvost and Kate Baker. These indoor track members are ranked second in the top athletes in their events and show constant improvement. — Olivia Schroeder



Drama Club

This year's Spring Musical is "Thoroughly Modern Millie," directed by Mrs. Hale, will be presented on April 6th, 7th, 8th, 13th, 14th, and 15th. This musical is set during the Roaring 20's. Young, feisty, flapper Millie plans to find a job and marry a wealthy employer, even though she is in love with the penniless paper-clip salesman Jimmy. As she tries to find love, the evil landlady Mrs. Meers schemes to sell the orphaned women into white slavery. —Annabelle Wilhelm

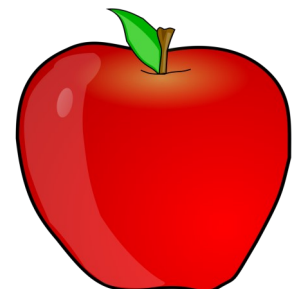


Chess Club

Every Wednesday, the Chess Club meets after school from 3 to 4 pm. In these meetings, the Chess Club usually starts out with a quick chess lesson, then they pair up and work on certain skills of the game. One of the members of the Chess Club, Hayden Crowe, has been recognized this month as one of the most improved chess players because of his hard work and dedication to the game of chess.
— Annabelle Wilhelm

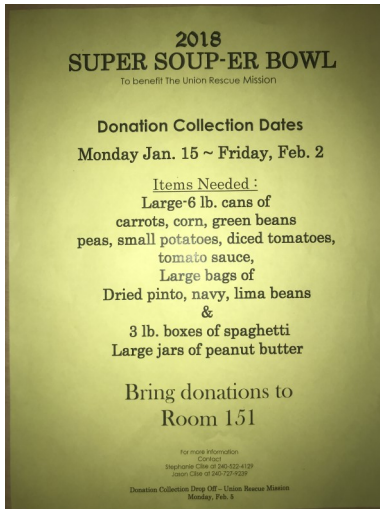
Future Educators of America

The Future Educators Club is planning on having a speaker from Frostburg State University visit so they can get a better understanding of the life of an actual future educator. The skills and tips they will learn from this speaker will help them when they're sent to job shadow in April. Along with having a speaker to help them, they've also had guidance from their teacher Mrs. Carmel Goodwin, who was chosen to be this years Mountain Ridge Teacher of the Year.
—Olivia Schroeder



FCA

On Friday, February 2nd, Mr. Duncan hosted a Winter Sports Pizza Challenge. The goal is to get more people involved with FCA. The team with the most members attending the FCA meeting was rewarded with a pizza party. Former Liberty basketball player Casey Roberts was the guest speaker. — Annabelle Wilhelm



S.A.D.D.

Students Against Destructive Decisions has recently ended multiple fundraisers. The SADD group has just finished collecting cans for their annual Soup-er Bowl fundraiser for the Union Rescue Mission. The fundraiser began on January 15th and ended on February 2nd. The students also held a Christmas card recycling project that lasted through to January 31st. Within the upcoming months, you can expect to see campaigning from the SADD group discussing the use of E-Cigarettes.— Shyanne Foutz

Science Bowl Team

On Friday, January 19th, the Science Bowl team traveled to Washington, D.C., chaperoned by Mr. and Mrs. Byzon, to visit the Air and Space Museum and watch the demonstration on the forces of flight. Then, on the morning of Saturday, January 20th, the team traveled to Montgomery College to compete in the Maryland Science Bowl. Each team competes against five other teams, and the Senior team of Jessica Blank, Sarah Browning, Caleb Garner, Andrew Miller, and Sarah Robertson won two out of five of those matches. The Junior team of Eleanor Brown, Kendra Harpold, Dresden Kershaw, and Alex McNemar were also successful in winning one match. After the competition, the Science Bowl team visited the U.S. Botanic Gardens. After dinner, they saw *Star Wars: The Last Jedi* in 3D on the Omnimax screen at the Air and Space Museum. To wrap up their weekend, on Sunday, January 21, the team made a final stop at the National History Museum and the American History Museum.— Kailia Pua'auli



Band & Colorguard

West Virginia University Honor Band will be taking place from February 8 - February 10. Students Annie Moon, Kaleb Tawney, Paige Miller, and Mia Diaz auditioned and were chosen to represent the Mountain Ridge Band at this event. Senior Jacob Blank has auditioned and will be taking part in the West Virginia Honor Orchestra that takes place from February 22 - February 24. Both events will be held at West Virginia University.—Shyanne Foutz

Academics!



Science

Students Mayce Sloan, Brett Thomas, Morgan Kenny, and Katey Felker were all winners of the Biomedical Mock Interviews. The students competed and were judged and selected by a panel of professionals, consisting of Mrs. Blank, Mrs. Ternent, Dr. Saddon, and Dr. Crawford. The senior Biomedical class took part in the mock interviews to practice college interviews.— Shyanne Foutz

All of the Classes in Room 143

Mrs. Hankinson teaches Food Preparation, Entertaining with Food, Early Childhood Development, and Skills for Living. Her 7th period Skills for Living Class will be hand sewing until the end of the semester. In the Learning about Children classes, students will be given baby dolls, called “Ready or Not Tots” that they will have to care for. In her Nutrition/Food Prep and Entertaining with Food classes, they will be learning how to make new and fun dishes, which they usually prepare while working in groups of 4 or 5. By the end of the year, students have usually made around 20 different foods. — Emily Jones



MRHS Post- Holiday Staff Dinner

MRHS's Post-Holiday Staff Dinner was held on January 27th at the Hen House. Door prizes featuring a ten dollar Sheetz gift card and candy were awarded. Winners of the door prizes were Mr. Norman Derosa, Mrs. Terri Lavin, and Mrs. Nicole Ruby. The staff who attended raved about Mrs. Carmel Goodwin's homemade brownies and iced sugar cookies. — Destiny Warnick

Matchmaking Event

Mountain Ridge High School has been participating in the 2nd annual Matchmaking event, which is a new tradition here at Mountain Ridge. This survey was for anyone looking for their right match, friends, or a significant other. All you had to do was fill out the survey when they were distributed in English classes. Now you can buy your results for \$2 during lunch, which started on February 5th. Don't miss out on the fun to find out who that lucky guy or girl is!— Kailia Pua'auli



Paint Night

On Saturday, February 10th, Mrs. Anderson and Mrs. Mowery held a "Paint Night" at Mountain Ridge from 3:00 - 5:30 to benefit MRHS Performing Arts transportation fund. Space was limited, so it was first come first serve, and the cost for a spot at the paint night was \$25. If you were lucky enough to get a spot, you had to choose between two pieces of art to create. The first option was a beautiful birdhouse hanging from a tree branch, surrounded by blue sky, and the second option was a sunset engulfing a colorful forest. - Kailia Pua'auli



Paint Night Fundraiser
Benefiting MRHS Performing Arts transportation fund

When: Saturday, Feb. 10th
Time: 3:00-5:30
Where: Mountain Ridge Cafeteria
Cost: \$25.00

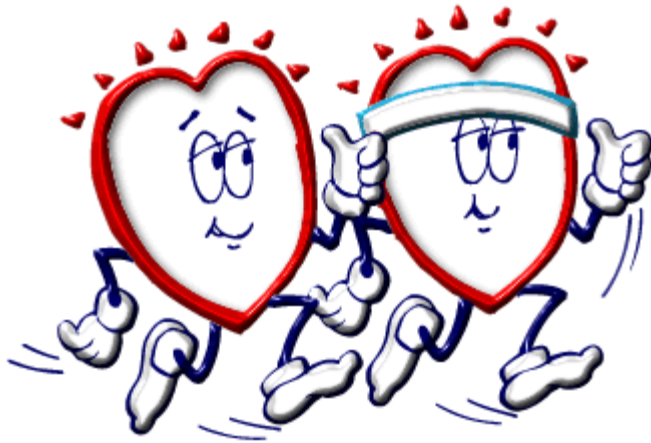
NO prior Art skill, or experience necessary! Class will be led by Art Teachers Tina Mowery & Kathy Anderson.

Space is limited! First come, first serve! Reserve/pay for your spot today...Return Reservation/Payment form to Mr. Shank/Mrs. Hale

Choose ONE of the artworks below to create
Each person takes home a finished canvas!

Refreshments will be available.

A FUN afternoon to socialize and paint a personalized piece of Art to take home!



Staff

Kailia Pua'auli - Editor
Destiny Warnick - Layout
Shyanne Foutz
Marissa Kady
Emily Jones
Olivia Schroeder
Annabelle Wilhelm

Sports

As of February 7th the sports records are as follows.

JV Girls' Basketball

13-1

Varsity Girls' Basketball

13-5

Freshman Boys' Basketball

10-14

JV Boys' Basketball

13-16

Varsity Boys' Basketball

10-16

Bowling

5-3

Wrestling

4-1

Unified Bocce Ball

Silver in Regionals

Indoor Track

No record

Sweetheart Shuffle

Starting on February 5th and ending March 5th, teachers and staff are encouraged to participate in the Sweetheart Shuffle. This event is a movement that the Board of Education has created to improve the health and well-being of our faculty. To compete in the Sweetheart Shuffle, sign up in employee portal and log your steps. So, get up and get moving! The team with the most steps as of March 5th will become the winner and collect a grand prize. Don't miss out! Good luck to everyone!
— Kailia Pua'auli